

Weekly Café Menu

November 18 - 24, 2024

snare your feedback!



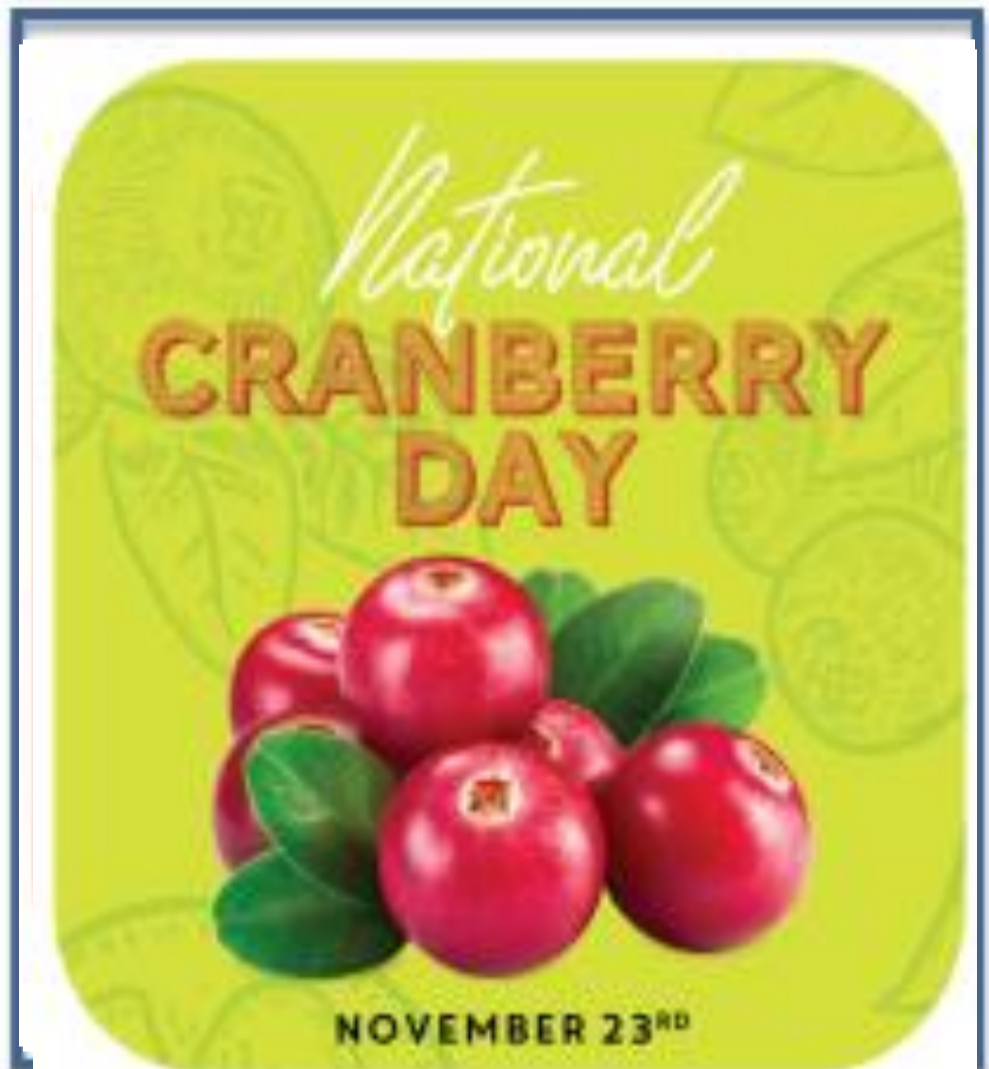
St. Louis Children's Hospital

Hours of Operation
Open Daily 6:00am - 2:00am
*indicates served from 11am—2:30pm

Hold phone camera over QR code & follow link



Monday
entrée: Chicken Franchise, Garden Vegetables, Buttered Noodles
grill: Embers Grill
specialty: Spud Shack
 * **deli:** Firehouse Subs
soups: Chicken Noodle, Broccoli Cheese
 * **expo:** Patty Melt, Onion Rings
breakfast: Breakfast Bar



Tuesday
entrée: Tortilla Crusted Tilapia, Grilled Vegetables, Herbed Rice
grill: Embers Grill
specialty: Zen
 * **deli:** Chicken Salad Chick
soups: White Chicken Chili, Potato Chowder
 * **expo:** Chicken Philly
breakfast: Assorted Quiche, Omelets

Wednesday
entrée: Black Bean & Cheese Burrito, Southwest Vegetables, Spanish Rice
grill: Embers Grill
specialty: Happy Hen
 * **deli:** You Pick 3 Deli
soups: Beef Vegetable, Cream Of Mushroom
 * **expo:** Chicken Nacho's
breakfast: Breakfast Burrito, Dirty Rice



Thursday
entrée: Sloppy Joe Sandwich, Zucchini & Squash Medly, Herbed Rice Pilaf
grill: Embers Grill
specialty: Country Bar
 * **deli:** You Pick 3 Deli
soups: Stuffed Pepper, Garden Vegetable
 * **expo:** Shrimp Alfredo, Bread Stick
breakfast: Breakfast Bar

Friday
entrée: Meatloaf & Gravy, Corn, Mashed Potatoes
grill: Embers Grill
specialty: Creole Queen
 * **deli:** You Pick 3 Deli
soups: Minestrone, Corn & Green Chile Chowder
 * **expo:** Philly Cheesesteak, Fries
breakfast: Breakfast Bar

Saturday
entrée: Teriyaki Chicken Thighs
grill: Embers Grill
specialty: VerdeTaco
breakfast: Breakfast bar

Looking for resources to help you THRIVE?

by BJC

www.thrivebybjc.org*

Sunday
entrée: Chili Lime Chicen, Southwest Vegetables, Spanish Rice
grill: Embers Grill
specialty: Spud Shack
breakfast: Breakfast bar

For Nutrition Facts go to: <http://morrisoncafes.compass-usa.com/BJCHealthCare>

*for BJC employees

All menu items are subject to change and/or substitution without prior notice due to product availability.